

**CHAPTER**

**5**

**REINFORCEMENT WORKSHEET**

*Into and Out of the Cell*

Complete this worksheet after you have finished reading Chapter 5, Section 1.

Each of the boxes below represents a different method cells use to bring small particles into the cell or to take small particles out of the cell. Add the notes at the bottom of the page to the appropriate box. Be careful—some notes can be used more than once.

**Small Particle Transport**

Osmosis	Passive Transport	Active Transport

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**Notes**

- particles move through protein doorways
- particles move through cell membrane between phospholipid molecules
- sugar or amino acids
- requires ATP
- particles move from an area of high concentration to an area of low concentration
- does not require ATP
- particles move from an area of low concentration to an area of high concentration
- water